Important Dates

9.15 am Liturgy Year 2 & 3 Classes, All Families Welcome Friday 8 September 2023	School Board Meeting, 7pm for Board Members Wednesday 20 September 2023	Fire Brigade Visiting Year 2 Class Wednesday 20 September 2023	Yr 5 & 6 attending Musical at The Shedley Theatre (Highschool Musical) Friday 22 September 2023
Choir Performance - Festival Theatre Tuesday 26 September 2023	Term 3 Ends (Normal Finish Time of 3pm) Friday 29 September 2023	Pupil Free Day (No School) Monday 16 October 2023	Term 4 Starts Tuesday 17 October 2023
		Dental for Schools Week Begins Tuesday 17 October 2023	Zoo Snooze Year 5 & 6 Students Monday 23 October 2023
Zoo Snooze Year 5 & 6 Students Tuesday 24 October 2023	Sports Day - Families Welcome Friday 8 December 2023	Pupil Free Day (No School) Thursday 14 December 2023	Pupil Free Day (No School) Friday 15 December 2023

From the Leadership Team

Dear Parents and Caregivers,

This coming Tuesday evening at St Ann's Church, three of our students: Jia, Jasmine and Cassie, will celebrate the sacrament of Confirmation. Then on Saturday they will receive the sacrament of Eucharist for the very first time. These are the final two sacraments of initiation in our Catholic church with the first being Baptism. Usually, children are presented to the community by their parents and baptised with holy water, when they are still babies. Then, when they are old enough, they are able to choose to 'confirm' their baptism, become full members of our church community and receive communion each week. We believe that during this ceremony, those children being confirmed are filled with the holy spirit. For adults, confirmation usually takes place at the Easter vigil. I pray for these children and their families at this very special time.

To align with students' learning about internet safety, Catherine McAuley School is hosting a presentation by the Carly Ryan Foundation to share vital information for parents and carers addressing the current risks posed to children online, and how to manage these. The date is Tuesday 19th of September at 5:30pm and an invitation has been extended to the St Mary Magdalene's Community. The Carly Ryan Foundation, a certified eSafety Education Provider, has developed an hour-long program designed to provide parents with the most essential and up to date information needed to keep their children safe online. I encourage you to make this a priority in your diary. The presentation is free and will be held at Catherine McAuley School. This session is designed specifically for parents/ carers and is not child appropriate. Please return the tear off slip below if you are intending to attend.

With this in mind, students and families are reminded to be wary of approaches from strangers, especially when they are unaccompanied or travelling to and from school. If they are approached students should not respond and should not accept offers of rides or gifts.

Students should seek the assistance of other nearby adults if they feel unsafe and should report the event to a trusted adult (parent or school staff member) as soon as possible.

Our school counsellors (Shannon O'Toole (SMM) and Dave Hillard (STM) are repeating a course that they ran last year called "Bringing Up Great Kids". I know those that participated last year found it very informative and useful and I encourage you to consider participating this year. It will be held over a number of weeks on a Monday. Please check elsewhere in this newsletter for further information.

I would like to say congratulations to our OSHC Director, Jenn Firth and her family, on the birth of their baby boy Brooklyn. May you be filled with every blessing at this very special time. Welcome Brooklyn!

On the topic of Out of School Hours Care, we have been unable to find a suitably qualified replacement for Jenn at this stage. There is a real shortage of OSHC staff (and teachers) at this particular time. You may have heard about this in the media as it is an Australia wide problem, not just here in Elizabeth or South Australia. In the mean time I thank our other staff who are working extra to ensure our OSHC service remains open for our families. I am currently doing much of the 'book work' and 'accounting' for our OSHC service so I ask that you be patient as I endeavour to get bookings and invoices sorted each week. Please remember to notify us if you wish to cancel a booking - at least 24 hours before the booking, otherwise you will be charged. I have hopefully fixed a few problems for people around the Child Care Subsidy (CCS) but please contact me if you are still having trouble. I want us to get to the stage where everybody's OSHC fees are manageable and don't get out of hand!

This week we have updated our SunSmart Policy. I have attached it to this newsletter.

Good luck to our students competing in the Touch Football Carnival on Friday ... let's hope the weather is kind to everyone!

Peter Mercer

Head of School

Recent News

Sun Safety Policy

Developed by: Staff and School Board

Note: All references to 'staff members' include Administration staff, ESO staff, Teachers and Temporary Relieving Teachers

Underlying Assumptions, Philosophy and Rationale: We at St Mary Magdalene's Primary School believe that:

- Australia has one of the highest rates of skin cancer in the world
- UV radiation is one type of energy emitted by the sun that causes skin damage and skin cancer
- UV and heat (infrared radiation) are not related
- The higher the UV radiation the greater the potential for damage to skin
- Too much exposure to UV will cause skin damage, too little can lead to Vitamin D deficiency
- To ensure a healthy balance between UV exposure and UV protection, it is recommended that skin is protected when UV is 3 and above
- Sesnsible sun protection whenever UV is 3 and aboe does not put people at risk of vitamin D deficiency
- The crucial period for sustaining sun damage occurs during the first 10 years of life
- Schools can play a significant role in changing behaviours through education and modelling
- Wearing a hat and sunscreen when participating in outside activities when UV is 3 and above is
 a positive and healthy habit for children to form
- Schools have a responsibility to initiate and implement skin cancer prevention strategies in the interests of students' and staff health

Purpose / Aims:

Through the application of this policy, we at St Mary Magdalene's aim to:

- Increase the school community's awareness of skin cancer and the importance of skin protection
- Increase the school community's awareness of the importance of a healthy balance between UV exposure and UV protection
- Encourage children's responsibility for and decision making about skin protection
- Increase awareness of the need for environmental changes in our school to reduce the level of
 exposure to the sun
- Encourage students, parents/carers, staff and visitors to wear protective clothing, hats and apply sunscreen and seek shade when the UV rating is 3 and above

Guidelines:

Sun protection practices such as hats, sunscreen, seeking shade, rescheduling, protective clothing are to be undertaken in Terms 1, 3 and 4 and when the UV is 3 and above at other times. In support of this policy:

The Principal will:

- Inform parents/carers of the Sun Safety Policy during enrolment
- Inform staff to demonstrate sun protection behaviours for Work Health and Safety and role modelling by:
 - Wearing protective hats, clothing and sunglasses when UV reading is 3 or above
 - Apply SPF 30 or higher broad spectrum, water resistant sunscreen when UV reading is 3 or above
 - Seeking shade when the UV is 3 and above
 - Encourage families and visitors to use a combination of these sun protection measures when attending and participating in outdoor activities
 - Regularly reinforce and promote sun safety behavior and practices to the whole school community (e.g. via newsletters, assemblies, bulletin boards, parents and staff meetings
 - Ensure that appropriate skin protective clothing included in the school uniform/dress code including top with collars and longer sleeves and longer style skirts, dresses and shorts are recommended

The Staff will:

- Wear an appropriate hat when participating in any school outdoor activity including yard duty when the UV rating is 3 and above
- Model appropriate Sun Safety behaviour
- Ensure that all students wear the school bucket hat whenever they are involved in outdoor school activities when the UV rating is 3 and above
- Whenever possible all outdoor activities will be scheduled out of high risk UV times
- Encourage students to apply sunscreen 20 minutes before they come to school each day and 20
 minutes prior to outdoor activities on days when the UV rating is 3 or above. Reapplication
 every two hours if staying outside for extended periods of time will also be promoted
- Ensure that sun protection skin cancer prevention and vitamin D education is included in the curriculum across all year levels
- Ensure that the 'No hat, play in the shade' rule is enforced on days when the UV rating is 3 and above
- Ensure students not wearing sun protective clothing on casual clothes days, camps or excursions are asked to play in the shade when the UV rating is 3 and above

Students will:

- Wear a school hat whenever they are involved in outdoor school activities in Term 1 and Term 4 and at other times when the UV rating is 3 and above
- Wear the school uniform which includes a polo top with a collar and longer style shorts
- Be encouraged to apply SPF30+ or higher unscreen before school and again 20 minutes prior to lunch each day when the UV rating is 3 and above and reapply every 2 hours when outdoors
- Follow the 'No hat, play in the shade' rule when the UV rating is 3 and above
- Follow teachers instructions to play in the shade when not wearing sun protective clothing on casual clothes days, camps or excusions when the UV rating is 3 and above

Parents will:

- Ensure that all students have a hat at school on days when the UV rating is 3 and above
- Provide alternate sunscreen for those with allergies to regular brand sunscreen
- Be aware of the school's 'Sun Safety Policy'

Visitors will:

Be encouraged to follow the school's 'Sun Safety Policy'

School grounds:

- The school makes sure there is a sufficient number of shelters and trees providing shade in the school grounds particularly in areas where students congregate
- In consultation with CESA, shade provision is considered in plans for future buildings and grounds
- Children are encouraged to make use of available shaded areas when outside
- Support recommendations to seek shade during 1st and 2nd lunch breaks when UV is 3 and above
- Provide permanent or temporary shady structures within school grounds

Excursions and School Events Procedure:

- A combination (shade, sunscreen, hats, clothing) of sun protection measures are considered when planning excursions and all outdoor activities
- On swimming excursions children and educators will be encouraged to wear sun safe swim shirts (rashi vests) or white t shirts when swimming as well as hats that can be worn in the water
- Hats are compulsory on school excursions

Implementation:

- All members of staff will have access to the 'Sun Safety Policy' via the school's intranet
- Parents/Carers and the community will be informed of this policy via the newsletter and can access the policy via the school website

Basis of Discretion:

 The Principal and staff may use their discretion and relax sun protection behaviours when the UV levels are below 3. As sunlight is the main source of vitamin D which is vital for the development and maintenance of healthy bones, students can safely be outside without sun protection and hats and sunscreen are not required.

Support Documents:

Catholic Education Safety Manual, Health and Safety Policy: UV Radiation Protection Policy (No.12) Duty of Care Policy (SACCS, 2004)

Policy for the Care, Wellbeing and Protection of Children and Young People (SACCS, 2011) Cancer Council SA website <<u>ssunsmart.org.au</u>>

Financial Budget:

Budget for SPF 30+ Sunscreen for Staff and students

Resources:

SPF 30+ broad spectrum, water resistant sunscreen for staff and students

Signed

21 March 2023

Date

Peter Mercer Head of Campus (on behalf of the School Board)

To maintain SunSmart recognition this sun protection policy will be reviewed by the SunSmart team every three years. The school acknowledges that any policy amendments made within the three year period should be submitted to the SunSmart team for review (<u>sunsmart@cancersa.org.au</u>). The school understands that should the policy not meet national SunSmart criteria, SunSmart recognition may be removed.

Date to be reviewed: 2026

From the APRIM

Liturgical Calendar Information

Special celebrations that we focus on during classroom and whole school prayer throughout term 3 and those that come up in our liturgical calendar include:

5/9 Feast of Mother Teresa

4/9 Child Protection Week

21/9 International Day of Peace

24/9 Mercy Day

27/9 St. Vincent De Paul

Catholic Charities

Each year, during term 3, our school supports the work of Catholic Charities and the agencies they support. The Catholic Charities Appeal was founded in 1941 by Archbishop Beovich to help people in the community. This week your child will bring home a brochure which contains stories from the agencies supported by Catholic Charities.

Mercy Day

Mercy Day is celebrated on September 24 each year. This is an important day for all of us who belong to schools founded by the sisters of Mercy. It is also a day to remember and give thanks for the life of Catherine McAuley. On this day in 1827 Catherine's House of Mercy in Baggot Street in Dublin was opened.

In our celebrations this year we think about how we live our call to be merciful people by reaching out to help others. Through our fundraising, we will support the works of Catherine House, who like Catherine McAuley, work to support women and children in need.

This year we will celebrate Mercy Day with a whole school liturgy on Monday September 25 at 9.30am in the Yarning Space. Our Year 5/6 students along with students from R-6 will help to prepare and lead the liturgy.

Throughout the day students will be involved in learning about Catherine McAuley and the sisters of Mercy and the work that Catherine House does to support women and children in need. Our year 5/6 students have organised a variety of activity stalls and games for students to visit and play for a small donation. All proceeds will go to support Catherine House. More information will be provided via Seesaw next week.

Child Protection Week

Next week is Child Protection Week. The overarching message for Child Protection Week is 'Every child in every community needs a fair go'. This very important message is about making sure that children grow up safe and supported, and how every child in every community just like each of the students in our school, deserves a fair go. We think about how we can promote a safe and supported life for every child, now and into the future. Mrs Carritt helped us learn more about Child Protection Week during our <span style="user-select: text;-webkit-user-drag: none;-webkit-tap-highlight-color: transparent; background-image:var(-ur/ContextualSpellingAndGrammarErrorV2, url(" data:image=""

svg+xml;base64,pd94bwwgdmvyc2lvbj0ims4xiiblbmnvzgluzz0ivvrgltgipz4kphn2zyb3awr0ad0inxb4iibozwlnahq9ijnwecigdmlld0jved0imcawidugmyigdmvyc2lvbj0ims4xiib4bwxucz0iahr0cdovl3d3dy53my5vcmcvmjawmc9zdmciihh border-bottom:transparent;background-position-x:0%;background-position-y:100%="">-teams prayer this week.

Religious Literacy Assessment Tool (ReLAT)

Our Year 4 students will complete the Religious Education Literacy Assessment (ReLAT) this week. The assessment focuses on students' knowledge and understanding of key concepts that are addressed in the Crossways Religious Education Curriculum, the achievement of the outcomes set out in the curriculum, and the ability of students to communicate this knowledge and understanding about the Catholic tradition. Questions are based on general religious knowledge gained from participation in RE lessons and the religious dimension of the Catholic school. The data produced from the assessment is designed to give teachers' meaningful feedback about the students' learning and to assist in developing the classroom teaching of Religion. All students in Year 4 have received a separate letter regarding this.

Elizabeth Catholic Parish Sacramental Program

Jia, Cassie, and Jasmine are now ready to receive the sacraments of Confirmation and First Eucharist. As a school community we look forward to joining them in these celebrations and we wish them continued prayers as they continue their faith journey.

Celebration of Confirmation

Term 3 Week 8 Tuesday September 12 - 7.00pm - 8.00pm at St. Ann's Church

Celebration of First Eucharist

Term 3 Week 8 Saturday September 16 6.00pm - 7.00pm at St. Thomas More Church

OR

Term 3 Week 8 Sunday September 17 10.00am - 11.00am at St. Thomas More Church

Year 5/6 Ms Tullio's Class



Learning about how we can be in solidarity with our local Community.

In the 5/6 class, we have been learning about Homelessness. We have begun research assignments, where we will need to create a video about the definition, statistics, and causes of Homelessness in our local community of South Australia.

During our research, we have learned that a person who is homeless would prefer to be referred to as a 'person who is experiencing homelessness'. This is because homelessness is not a life sentence just what someone is experiencing at the present time.

The students will be participating in the 'Walk a Mile in my Boots' fundraiser as a part of the Mercy Day celebrations later this term. We look forward to raising some money for our fellow South Australians in this event. Stay tuned for more information about this event and Mercy Day Celebrations over the next few weeks.



the Carly Ryan foundation. Parent Online Safety Presentation

Catherine McAuley School

Tuesday 19th September 2023 5.30pm

210 Adams Rd Craigmore

The presentation explores

EFTPOS AVAILABLE FOR TAX DEDUCTIBLE DONATIONS Online Safety Opportunities vs risks Privacy settings Awareness Managing self Emotional intelligence Resilience Critical thinking Understanding the law Image based abuse Respectful relationships Communication Practical guidance Connection to support services

carlyryanfoundation.com

Creating a positive experience online for all Australian families. Students and families are reminded to be wary of approaches from strangers, especially when they are unaccompanied or travelling to and from school. If they are approached students should not respond and should not accept offers of rides or gifts.

Students should seek the assistance of other nearby adults if they feel unsafe and should report the event to a trusted adult (parent or school staff member) as soon as possible.

SAPOL advises that taking out a mobile phone and calling police can deter the offender and they recommend the student making a formal report to their closest police station.

ittle ggie's Playgroup **TUESDAY MORNINGS** 9am Please Bring a Snack a n d Water Contact Kerryn on 0437 609 976 ww.facebook.com/CommunityHubSMM Located at 82 Fairfield Road, Elizabeth Grove 5112 (Enter through the gate on Harvey Road) Co hubs Community hubs Community Hub

Community English Classes



*FREE CHILD MINDING AVAILABLE *BOOKING REQUIRED

*NO COST *NO TESTS *NO ELIGIBILITY CRITERIA

ALL LEVELS WELCOME!

LEARN or PRACTICE ENGLISH IN A FRIENDLY PLACE

> Contact Kerryn on 0437 609 976 www.facebook.com/CommunityHubSMM

Located at 82 Fairfield Road, Elizabeth Grove 5112 *Enter through the gate on Harvey Road, Please sign in at the front office*



www.facebook.com/CommunityHubSMM



Bringing Up Great Kids



Date:

September Session 2 - Monday 25th September

Session 1 - Monday 11th

+ More Dates in Term 4

Time: 1pm - 3pm

Where: The Community Hub

Contact: Kerryn - 0437609976

Overview

Bringing Up Great Kids is a reflective, mindful, respectful program that provides parents with an opportunity to reflect on their parenting journey.

Bringing Up Great Kids provides a friendly and safe environment for parents to learn from each other as they continue their parenting journey.

Program Content

The Bringing Up Great Kids' program supports parents and carers to:

- learn more about the origins of their own parenting style and how it can be more effective;
 identify the important messages they want to convey
- to their children and how to achieve this; learn more about brain development in children and its influence on their thoughts, feelings and
- behaviour;
 understand the meaning behind children's behaviours, and how to respond to children's
- underlying feelings and needs;
 explore new ways of communicating with children;
 discover ways for parents to take care of themselves and to find support when they need it.
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St Mary Magdalene's School

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